

TRISH VERNAZZA, M.A., LMFT, ATR

Licensed Marriage Family Therapist #38682

Mailing address: PO Box 4725, Oceanside, CA 92052-4725

(760) 439-8874 WWW.TrishV.Com Info@TrishV.com

EDUCATION

University of California Berkeley -Post Graduate Art Therapy Certificate 2000

New College of California, San Francisco 1997

MA Clinical Feminist Psychology/Marriage Family Child Counselor

University of South Florida, Tampa 1993

BFA Art History, Minor: Sculpture

University of Tennessee, Knoxville; Studio Arts 1993-1995

HONORS AND AWARDS

WHO's WHO IN AMERICA, MARQUIS EDITION, 62st Ed., 2008

WHO's WHO IN AMERICA, MARQUIS EDITION, 61st Ed., 2007

WHO's WHO IN AMERICA, MARQUIS EDITION, 60th Ed., 2006

WHO's WHO IN AMERICA, MARQUIS EDITION, 59th Ed., 2005

WHO's WHO IN AMERICA, MARQUIS EDITION, 58th Ed., 2004

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 26th Ed., 2007

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 25th Ed., 2006

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 24th Ed., 2005

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 23rd Ed., 2004

WHO'S WHO IN THE WORLD, MARQUIS EDITION, 24th Ed., 2007

WHO'S WHO IN THE WORLD, MARQUIS EDITION, 23rd Ed., 2006

WHO'S WHO IN THE WORLD, MARQUIS EDITION, 21st Ed., 2004

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 20th Ed., 2001

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 19th Ed., 2000

WHO's WHO OF AMERICAN WOMEN, MARQUIS EDITION, 15th Ed., 1996

Nominated for 10th Annual North County Times WOMEN of MERIT. 2003

Founding Member, "Wall of Tolerance", Civil Rights Memorial Center, Montgomery, Alabama. 2003

Grant for Publication of Women, Art & Mental Illness, Serpent Source Foundation 2001

for Women Artists, San Francisco, Ca

Honorable Mention, Bold Expressions, Northern Cal Arts, Inc., Sacramento, Ca 2000

Certificate of Appreciation, Health Through Art: Signs of Recovery, City of Oakland 2000

Certificate of Appreciation , St. Paul's Tower,Skilled Nursing Unit, Oakland, Ca 1998

Trash to Treasure, Depot for Creative Use., 3rd Place, Berkeley Art Studio, 1997

Fremont Main Library, Fremont, Ca

Certificate of Appreciation, Group Art Therapy Mentally Disabled Adults, 1997

San Francisco County Jail/Jail Psychiatric Services Certificate of Appreciation, Health Through Art: Signs of Recovery, City of Oakland 1996

Emerging Artists Grant, Hillsborough County Arts Council 1994

Artist Grant for Public Art for People with Rachel Rosenthal 1994

Anderson Ranch, Snowmass, Colorado

Studio Assistantship w/Marjorie Schick,Haystack School of Arts&Crafts, Deer Isle, Maine 1994

Work Study Program, Arrowmont School of Arts&Crafts, Gatlinburg, Tn 1993

Certificate of Appreciation for volunteer art instruction for Substance Abused Women 1993

and Children, City of Tampa, Florida

PROGRAM PLANNING AND CLIENT/STUDENT EXHIBITIONS

Chair, NCAAWA, V-Day, Vagina Monologues, Carlsbad, CA 2007

Co-Chair, NCAAWA, V-Day, Vagina Monologues, Carslbad, Ca 2006

Mental Health Systems, CalWORKs Multiservice Ctr., Art Therapy Room, Quilt Honoring victims of 911.
 Quilt Displayed at Oceanside Library, County of San Diego, CA
 Community Resource Center, Encinitas, Ca, Flame of Life Honoring Survivors of Domestic Violence 2002
 Serpent Source Foundation for Women, San Francisco, CA; Grant awarded to disabled 2000
 student for funding of artwork to be framed for exhibition.
 Ministry to Nursing Homes, Oakland Museum's Art with Elders, Student Participants 2000
 From Salem Lutheran Nursing Home and St. Paul's Tower
 Art & Services for Disabled, Inc. 15th Annual Exhibition, Student/ Participants from Berkeley 2000
 Creative Living Center, California State U. Gallery
 Art & Services for Disabled, Inc. 14th Annual Exhibition, Student/ Participants from Berkeley 1999
 Creative Living Center, California State U. Gallery
 Art Therapy, Jail Psychiatric Services, Haight Ashbury Free Clinics, San Francisco 1997-1999
 Sheriffs Department
 Art Behind Bars, Key West, Florida, San Francisco County Incarcerated Women , 1999
 Jail Psychiatric Services, Selected Participants artwork for fund raising
 Museum Internship w/Salvador Dali Museum, St. Petersburg, Fl and University of S. Fl . 1992-1993

PUBLICATIONS & PRESENTATIONS

Women, Art, & Mental Illness, NC-SDCAMFT, National University, Carlsbad, CA 2007
 Women, Art & Mental Illness, Oceanside, CA 2006, WS Publishing
 "Women Helping Women in the 21st Century", North County African American Annual
 Women's Conference, Mira Costa College, Oceanside, Ca 2005
 Featured Art Banner, "Women of Oceanside," Local News Section, North County Times, CA 2005
 9th International Conference on Family Violence 2004
 "Interventions for Families in Crisis", San Diego, CA
 Embracing Diversity Feminist Odyssey, 26th Annual Conference of Association for Women 2001
 in Psychology, Women, Art and Mental Illness, A Feminist Perspective., Los Angeles, CA
 Merle Brandon, Sweet Molina, Cover art for Music CD, San Francisco, CA 2000
 Vision to Change, 24th Annual Conference of Association for Women in Psychology 1999
 Incarcerated Voices: Women In Jail and Art Therapy, Providence, Rhode Island
 California Depressive & Manic-Depressive Society, Modesto. Ca 1998
 Art Therapy as an healing tool.
 1997 Richmond Art Center Art Calendar, Richmond, Ca 1997
 Sculpture: Æ Key to your travels is to fly your own wings.
 Two, Artists, One Show, No Barriers, Tampa Tribune, Tampa, Fl 1994
 Shows Reviewed, AIDS ART REACH, Tampa, Tribune, Tampa, Fl 1994
 Young At Art, St. Petersburg, Fl 1993
 Visual Arts, All Florida Biennial, Sarasota Arts Newsletter, Fl 1993
 Feminist Art History Conference, Barnard College of Columbia 1993
 A Bold Show of Power, St. Petersburg, Fl 1992

COMMUNITY/VOLUNTEER WORK

"Swimming to the Mission", Public Art Banner, Oceanside, CA, 2006
 "Women of Oceanside", Public Art Banner, Oceanside, CA, 2005
 Vista in Bloom Phase II, Vista Utility Box, Vista, CA, 2005
 Vista in Bloom Phase I, Vista Utility Box, Vista, CA, 2004
 San Diego North County-CAMFT-Board Secretary 2003-2004
 Berkeley Creative Living Center, Berkeley, Ca. Art therapy with disabled adults. 1996-1997
 MFCC Internship/New College of California
 Substance Abused Mothers & Infants, Tampa, Florida 1993-1994
 Implemented and instructed Art/Craft Therapy Program
 Tampa Aids Network, Tampa, Fl 1993
 Art Outreach Program with HIV/AIDS individuals

TEACHING, LECTURING & JUDGING

License Marriage Family Therapist #38682, State of California

Art Therapist #03-066

Preliminary Designated Subjects Adult Education Teaching Credential: Part Time
Arts/Crafts, Creative Arts (Older Adults), Communication Skills, (Older Adults); Parent
Education; Family Management

Instructor: Salem Lutheran Nursing Home & St. Paul's Tower, Oakland, Ca 1998-2002

Instructor/Visiting Artist, Alameda Recreation Public School Intersession Program 1995-2000
Alameda, Ca Kindergarten -6th Grade

Art Instructor/Alameda Public Schools After school Enrichment Program 1998-2000

Book Arts Instructor, Alameda Recreation Department, Adults 1997-1998

Instructor/Visiting Artist, Multicultural Young Adults from Visiting Countries 1995

Clearwater Junior High, Florida Women in the Arts, Lecture & Instructor, Fiber Arts Institute, Palm Harbor, Fl
1994

Arts & Crafts Instructor, Substance Abused Mothers & Infants 1993

Judge: Arts & Crafts Exhibition. John's Pass Seafood Festival of Arts, Maderia Beach, Fl 1993

AFFILIATIONS/MEMBERSHIP

Art Therapy Association

Member North County African American Women's Association.

Oceanside Museum of Art

Greater San Diego Lesbian/Gay Chamber of Commerce

Association for Women in Psychology

California Marriage Family Therapist

Art Therapy Association

Pro Arts, Oakland, CA

Women's Caucus for Art,

Woman Made Gallery, Chicago, Illinois

EMPLOYMENT

Private Practice: Art Therapist, Marriage Family Therapist 2002-Current

Program Manager/Licensed MFT, Mental Health Systems, CalWORKs Multiservice Ctr. 2002-2004

Oceanside, Ca. Supervise and implement program for individuals suffering from barriers
to employment due to mental illness. Psychosocial Assessment, medication monitoring,
treatment planning, addressing and aiding in rehabilitation skills, resume making, monitoring
daily functioning and attendance of program, family planning, anger management, mood disorder
with various groups topics. Individual and group session . Work closely with community,
North County Health Human Services and Oceanside Psychiatric Team. Provide Supervision
to 6 staff and 1 volunteer.

Group Leader, psychotherapist, Life Communications Skills Instructor, Art Therapist; 1997-2002

Berkeley Creative Living Center, Berkeley Adult School, Berkeley, Ca (Mentally Disabled
Adult Outpatient Intensive Day Treatment Center) ; part time

Conducting group therapy sessions with acute and chronic mentally ill adults in groups: (15-25
participants): Women's; Self Esteem; Discussion, Search for Meaning, Reading, Music &
Creativity, Art Therapy. Governing and monitoring MFT interns attending groups providing verbal
feedback on how to facilitate groups, assessing their knowledge and understanding of psychiatric
symptoms of clients, exploring boundary issues and intervention skills. Consults with director and
clinical supervisors for client current mental health status and crisis/suicide criteria. Instructs life
learning and socialization skills.

Teacher, Art & Life skills Instructor, Pleasant Valley Adult School, Oakland, Ca (Elders) 1998-2002

St. Paul's Towers, Alzheimer's Unit; Salem Lutheran Home Alzheimer's Unit,
Substitute instructor at various Oakland Mental Health Day TX Ctrs, part time
Group and individual instruction to frail elders and Alzheimer clients. Encouragement of life
enhancement skills, verbalizing, memory enhancement, personal awareness and others.
Clinician, Art Therapist/Rehabilitation Department, STARS Adolescent Center 2001
Level 14 group home, San Leandro, CA, part time
Facility for severely emotionally disturbed adolescents. It includes a locked Psychiatric Health
hospital, group home, non-public school and intensive day treatment program. Residents
referred by Probation, CPS & Department of Mental Health.
Clinician, Art Therapist, Family/Psychotherapist. New Connections, STRIVE/COC 2000
Juvenile Probation Females, Concord, CA
Group, individual and family therapy with both verbal, psychodynamic and art therapy with
adolescent girls and their extended families. Mental health assessment, treatment planning
and implementation, documentation of client status and response to treatment. Coordinating
with lead therapist, program services and other service providers. Assessment for 5150 criteria
with interventions/hospitalizations. Monitoring of mental health of clients providing
cognitive/behavioral interventions, psycho educational interventions and providing substance
abuse educational information. Assigned clients for individual, family and probation sessions.
Case management and presentation to assessment to program services.

Clinician, Art Therapist; Jail Psychiatric Services, Haight Ashbury Free Clinics 1996-1999
San Francisco County Jail/Sheriffs department, Cal. Implemented Art Therapy Program;
Performed mental health evaluations and treatment as a member of a multidisciplinary treatment
team to incarcerated adults and assist mentally ill individuals to community-based mental health
programs. Duties and responsibilities were routine mental health evaluations, provide
emergency psychiatric assessment care, 5150 assessments/hospitalize clients when necessary,
monitoring suicidal clients on observation on psychiatric wards and safety cells, developed,
implemented art therapy programs to groups and individuals, develop tx plans (case load of 8-12
individuals), chart on clients, provide clinical assistance to assigned staff, medical and San Francisco
Sheriffs department, provide clinical consultation to JPS and Jail Hospital, complete 4011.6PC
(mental health assessments for the courts), present cases for case presentations and peer review.
Services provided to all jails in San Francisco
Alameda Recreation Department, Intersession arts and crafts instructor 2 weeks, 2x year 1996-2000
Children ages preschool -7th grade
Art Instructor, Fiber Arts Institute, Palm Harbor, Florida 1993-1995
Flight Attendant, Pan American World Airways, New York Based. 1989-1993
Photo Assistant, M&M Photography, Tampa, Florida 1986-1989
Legal Assistant, Legal Secretary, Various Criminal and Probate Firms, Tampa, Fl 1976-1985